Children’s Specialized Hospital

Referral Reference Guide

• Outpatient Therapy & Physician Services
• Acute Inpatient Rehabilitation
• Long Term Care
• Medical Day Care
Children’s Specialized Hospital is the nation’s leading provider of inpatient and outpatient care for children from birth to 21 years of age with special health needs — from chronic illnesses and complex physical disabilities like brain and spinal cord injuries, to developmental and behavioral issues like autism and mental health. With 13 convenient New Jersey locations and more developmental behavioral pediatricians than any children’s hospital in the country, we’re a trusted partner for parents who want to have an active role in helping their children achieve the best possible outcome. In fact, 99% of our patients’ parents would recommend us to others, according to an independent Press Ganey survey. This guide will provide information regarding these pediatric programs and services:

- Outpatient Therapy & Physician Services
- Acute Inpatient Rehabilitation
- Long Term Care
- Medical Day Care

For more information, please contact us at 1-888-CHILDREN (244-5373) or visit www.childrens-specialized.org
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Outpatient Therapy & Physician Services
Therapy and Physician Services

Therapy Services:
Outpatient services are available at each of our sites so that children can receive treatment close to home. Sites are equipped with modern therapy gyms, individual treatment rooms, and expert staff. Our services include:

Audiology
The Audiology Department at Children’s Specialized Hospital provides comprehensive diagnostic evaluations for routine diagnostic, behavioral, and conventional audiometry as well as non-behavioral audiometric tests and auditory processing evaluations for children seven years and older. Based on the developmental age of the patient, any signs related to auditory processing can require additional testing. If you see possible signs of hearing loss, or there is a history of hearing loss within the family, one of the following audiometric tests or auditory processing evaluations will be administered. Behavioral observation is recommended for children less than six months of age, and observes infants body reactions as they are presented with various sounds. For children six months to three years; visual reinforcement is used when the child localizes on specific sounds. Play audiometry evaluation is conducted for children three to five years and tests their ability to respond to a sound by a play activity. Non behavioral audiometric tests such as tympanometry, otoacoustic emissions and auditory brainstem response test (ABR) are computer based tests that do not require the child to respond to what is heard.

Autism Spectrum Disorder
Children’s Specialized Hospital provides comprehensive evaluation and therapy services for children who are suspected of having autism spectrum disorder (ASD), or have already been diagnosed. If you see possible red flags of ASD such as difficulties with social communication and/or repetitive behaviors in your patient, in order to diagnosis and develop a treatment plan, you can refer to our developmental screening clinics for children 19-48 months, autism multidisciplinary team evaluations for any age, psychology autism specialty evaluations, initial neurodevelopmental evaluation, or psychiatric evaluation. Children’s Specialized Hospital provides many effective interventions for your patients with ASD including early intervention, applied behavior analysis (ABA), speech therapy, occupational therapy, physical therapy, psychology, and social skills groups and camps.

Comprehensive Feeding
Children’s Specialized Hospital’s Comprehensive Feeding Program includes diagnostic and treatment planning for feeding issues. Our comprehensive feeding team consists of a speech therapist, occupational therapist, registered dietician, and psychology staff. Some reasons for evaluation include; restricted range of foods, difficulty transitioning off of tube feedings, poor weight gain, trouble chewing and swallowing different food textures, abnormal suck and swallow, and significant mealtime behavior. After the evaluation, the team provides the family with meal time strategies to improve the child’s eating at home and makes therapeutic recommendations.
Fetal Alcohol Syndrome and Fetal Alcohol Spectrum Disorder
The Fetal Alcohol Syndrome (FAS) Program at Children’s Specialized Hospital treats patients with physical and/or mental defects resulting from maternal alcohol or drug use during pregnancy. At birth, a patient affected by fetal alcohol syndrome may display physical defects such as, abnormal facial features, premature in body size and/or head size. Behavioral and medical interventions are typically used in combination for the treatment of FAS. For patients not displaying physical abnormalities or defects at birth, signs of Fetal Alcohol Spectrum Disorder may be apparent during stages of early childhood development or during teenage years. Signs include extreme irritability, self-abusive behavior, developmental delays and learning disabilities, and lack of social skills. Treatment can vary depending on age of diagnosis.

Nutrition
Children’s Specialized Hospital’s experienced pediatric diетicians counsel children, adolescents, and their parents on a variety of nutritional issues. These issues include weight management, failure to thrive, tube feeding adjustments, food allergies and special therapeutic diets such as those ordered for diabetes, high cholesterol and hypertension.

Neuropsychology
Neuropsychological evaluations are typically conducted with individuals who have acquired a brain injury through physical trauma (TBI, concussion) or medical condition that affects brain function. Some examples are: cerebral vascular accidents, brain tumor, hypoxia, anoxia, toxic injury, infection (encephalitis, meningitis), late effects of cancer treatment, degenerative diseases and epilepsy. These lengthy and comprehensive evaluations are used to identify levels of cognitive deficit caused by the injury and gain an understanding how the injury will effect learning, behavior, emotions and social participation. A typical evaluation includes an assessment in the following areas: general intellectual function-based academic skills, attention/working memory, visual spatial processing, language skills, motor skills, executive functions (planning, initiation, organization, mental flexibility) and social-emotional functioning. An initial neuropsychological evaluation provides a baseline of post injury areas of deficit from which treatment and educational planning can be made. Repeated evaluations on an annual basis helps track the individual’s recovery and ability to meet expected stages of brain maturation over time as a child and adolescent brain continues to grow through young adulthood.

Neurorehabilitation
The Neurorehabilitation Program is comprised of highly specialized professionals in the areas of neuropsychology, psychology, occupational therapy, speech therapy and social work dedicated to the assessment, diagnosis and treatment of functional disorders resulting from mild to severe brain injuries which occur after birth. Examples of general diagnoses include, but are not limited to: post concussive syndrome, brain tumor, cerebral vascular accidents, hypoxia, anoxia, toxic injury, infection (encephalitis, meningitis), late effects of cancer treatment, degenerative diseases and epilepsy. Targeted symptoms can often include challenges with arousal, awareness, memory, attention, modulation, impulsivity, concentration and problem solving. Treatments can be both individually and/or group based, depending on need.
**Occupational Therapy**
The Occupational Therapy department at Children’s Specialized Hospital provides comprehensive evaluation and therapy services. Our services can assist the child in the areas of fine motor development, development of activities of daily living, dressing, bathing, feeding, meal preparation, ability to recognize letters and numbers and writing.

**Pain Management**
Children’s Specialized Hospital provides comprehensive evaluation and therapy services for children and teens with chronic pain, including patients with forms of amplified pain syndrome. Our services can assist a child in the areas of improvement in functional movement and improved ability to cope with pain issues. Evaluations may include Physiatry, Psychology, Physical Therapy, and/or Occupational Therapy. Treatment may involve Physical Therapy, Occupational Therapy and/or Psychological Therapy, depending on patient need. Treatment may also involve support and education for parent/caregivers regarding strategies for encouraging child functional movement and use of coping skills for pain management.

**Physical Therapy**
The Physical Therapy Program at Children’s Specialized Hospital provides comprehensive evaluation and therapy services. Our services can assist a child in the areas of gross motor development, walking, orthopedic issues, burns, muscular skeletal issues and torticollis.

**Psychology**
The Psychology Program at Children’s Specialized Hospital provides comprehensive evaluation and therapy services for patients with or without special needs, including patients with cerebral palsy and other disabilities. Our services can assist a child in the areas of behavioral difficulties, panic disorders, social skill deficits, peer and sibling problems, trauma, abuse, adjustment problems, anxiety and other mood disorders and depression. Comprehensive assessments, including psycho-diagnostic evaluations, educational evaluations, and clinical assessments are done to clarify a child’s diagnosis. They are also done to assess cognitive, behavioral, social, emotional, academic, attention and executive functioning areas, determine strengths and weaknesses, and recommend effective interventions.

**Rehabilitation Technology**
The Rehabilitation Technology Program uses a team approach to conduct a detailed evaluation of the patient with regards to seating, positioning and mobility needs. The specialists in the Rehabilitation Technology department, work with patients currently using or in need of specialized equipment to enhance their strengths and abilities. By creating highly tailored specialized equipment, patients are able to participate to the best of their ability in family, school, community, employment and recreation activities. Types of equipment that are recommended include, but are not limited to the following: manual wheelchairs, power wheelchairs, custom molded seating systems, supportive standers, adaptive toileting and bath equipment, adaptive strollers, adaptive bicycles and gait trainers.

**Speech Therapy**
The Speech Therapy Program at Children’s Specialized Hospital provides comprehensive evaluating and therapy services. Our services assist in the areas of speech, communication, feeding, articulation, apraxia, aphasia, stuttering, voice, cognition, memory, and augmentative communication.
Subspecialty Medical Care:
The comprehensive range of medical subspecialties available at Children’s Specialized Hospital includes those in the following disciplines:

- Developmental & Behavioral Pediatrics
- Neurology
- Orthopedics
- Physiatry (Physical Medicine & Rehabilitation)
- Psychiatry

Pediatric Primary Care:
Pediatric Primary Care for children with special healthcare needs is a family-centered medical home, or healthcare home base to keep families and children at the center of their care. Children with special healthcare needs, and their siblings, are provided outstanding family-centered healthcare. As the central resource for all of a child’s healthcare needs, the family-centered medical home treats children birth through 21-years-old, providing comprehensive and specialized primary care coordinating a child’s care from start to finish. Together, the healthcare team will provide a simpler approach to a child’s healthcare. If a child should be referred to Pediatric Primary Care, please call 908-301-5534 for Mountainside or 609-631-2811 for Hamilton.

Community Programs:
- Camp Chatterbox is an overnight camp for families of children that use augmentative and alternative communication (AAC) devices. www.campchatterbox.org

- BECOME Program is a summer day camp for children with diagnosis of hemiparesis resulting at birth or from a traumatic brain injury. This three week program is run by the occupational therapy department using constraint induces movement therapy (CIT).

- Lightning Wheels - Children’s Lightning Wheels, a Paralympic Sports Club, sponsored by Children’s Specialized Hospital. It is a sports team for athletes ages 5-22 that have a primary diagnosis of a physical disability.

- Martial Arts - Children’s Specialized Hospital’s recreational therapy department offers a martial arts program for children with special needs ages 5-15 years. It is especially for children with ADHD, neurological impairments, and/or problems with balance, coordination, and body awareness. (Mountainside, NJ)

- Adaptive Aquatics - Children’s Specialized Hospital offers an adaptive aquatics program for children ages 3-10 years. These classes are especially designed for children with neurological, physical, and/or social challenges. The program promotes water safety, swimming skills, and social interaction. (Mountainside & New Brunswick, NJ)
• Friday Night Fever is a monthly social and recreational program for teens with disabilities. The program provides opportunities for teens to make friends, socialize, participate in activities, access a variety of community facilities, and just be a teenager! (Mountainside & Toms River, NJ)

• Pal’s Paradise is a day camp for children with special needs between 8-13 years old. Activities include sports, cooperative games, crafts, social events, and music. This camp is unique in that a sibling or friend may register to attend which creates an inclusionary environment. (Toms River & Mountainside, NJ)

• Camp Kresge - Children’s Specialized Hospital and the Wilkes-Barre Family YMCA partner to provide support for children with special healthcare needs (ages 8-13) to attend a fully main-streamed, overnight camp experience at Camp Kresge in White Haven, PA near the Pocono Mountains.

Children’s Specialized Hospital Locations with Services Offered:

Bayonne, NJ
815 Broadway
Bayonne, NJ 07002
Phone: 201-823-6010
Fax: 201-823-6022

Therapy Services:
 Occupational Therapy
 Physical Therapy
 Speech and Language Therapy

Clifton, NJ
1135 Broad Street, Suite 215
Clifton, NJ 07013
Phone: 973-365-3071
Fax: 973-365-3089

Therapy Services:
 Occupational Therapy
 Physical Therapy
 Psychotherapy
 Speech and Language Therapy

Egg Harbor Township, NJ
6106 Black Horse Pike
Egg Harbor Township, NJ 08234
Phone: 609-645-7779
Fax: 609-645-7785

Therapy Services:  
 Occupational Therapy
 Physical Therapy
 Psychology testing
 Psychotherapy
 Speech and Language Therapy

Physician Services:
 Neurodevelopmental Pediatrics
 Physiatry
 Psychiatry
Fanwood, NJ
330 South Avenue
Fanwood, NJ 07023
Phone: 908-301-2500
Fax: 908-252-2534

Therapy Services:
Applied Behavioral Analysis (ABA)
Autism

Hamilton, NJ
3575 Quakerbridge Road
Hamilton, NJ 08619
Phone: 609-631-2800
Fax: 609-631-2897

Therapy Services:
Audiology
Neuro Rehab/Neuropsychology
Nutrition
Occupational Therapy
Physical Therapy
Psychology testing
Psychotherapy
Speech and Language Therapy

Mountainside, NJ
150 New Providence Road
Mountainside, NJ 07092
Phone: 908-233-3720
Fax: 908-301-5546

Therapy Services:
Audiology
Neuro Rehab/Neuropsychology
Nutrition
Occupational Therapy
Physical Therapy
Psychology
Rehab Technology
Speech and Language Therapy

Physician Services:
Developmental and Behavioral Pediatrics
Neurology
Pediatric Primary Care
Psychiatry

Physician Services:
Developmental and Behavioral Pediatrics
Neurology
Orthopedics
Pediatric Primary Care
Psychiatry
Newark, NJ
182 Lyons Avenue
Newark, NJ 07112
Phone: 973-391-2960
Fax: 973-391-2970

**Therapy Services:**
Occupational Therapy
Physical Therapy
Speech and Language Therapy

**Physician Services:**
Developmental and Behavioral Pediatrics
Physiatry

New Brunswick, NJ
10 Plum Street
New Brunswick, NJ 08901
Phone: 732-258-7100
Fax: 732-258-7262

**Therapy Services:**
Occupational Therapy
Physical Therapy
Psychology
Psychotherapy
Speech and Language Therapy

**Physician Services:**
Developmental and Behavioral Pediatrics
Neurology
Physiatry
Psychiatry

Toms River, NJ (Lakehurst Road)
368 Lakehurst Road
Toms River, NJ 08755
Phone: 732-281-3900
Fax: 732-281-3919

**Therapy Services:**
Neuro Rehab/Neuropsychology
Occupational Therapy
Physical Therapy
Psychotherapy
Speech and Language Therapy
Toms River, NJ (Stevens Road)
94 Stevens Road
Toms River, NJ 08755
Phone: 732-914-1100
Fax: 732-797-3830

**Therapy Services:**
- Audiology
- Occupational Therapy
- Physical Therapy
- Psychology Testing
- Psychotherapy
- Rehab Technology
- Speech and Language Therapy

**Physician Services:**
- Developmental and Behavioral Pediatrics
- Neurology
- Psychiatry

Warren, NJ
266 King George Road
Warren, NJ 07059 (Somerset County)
Phone: 908-647-8830
Fax: 908-580-0791

**Therapy Services:**
- Occupational Therapy
- Physical Therapy
- Psychology Testing
- Psychotherapy
- Speech and Language Therapy

**Physician Services:**
- Neurodevelopmental
How to Refer:
Thank you for referring your patient to Children’s Specialized Hospital outpatient services. Here are a few steps to follow to make a referral as easy as possible.

Call: 888-CHILDREN or 888-244-5373
- Press 1 to continue this call in English
- Press 2 to continue this call in Spanish

Main Menu:
- If you know the extension of the party you are trying to reach you may dial it now.
- To dial by last name press #.
- Press 2 for outpatient therapy services and scheduling
  (English ext. 8885 / Spanish ext. 8887)
- Press 3 for outpatient physician services, prescription refills and scheduling
  - Press 1 for the Pediatric Practice
  - Press 2 for Other Medical Services
    - Press 1 to schedule or cancel an appointment (ext. 5534)
    - Press 2 to refill a prescription
    - Press 3 to schedule an FAS or Child Evaluation (ext. 5369)
    - Press 4 to schedule a developmental evaluations for under 4 (ext. 5226)
- Press 6 for Autism, ABA Services and Case Management
  - Press 1 for Case Management
  - Press 2 for Autism and ABA Services
- Press 7 for wheelchair services and feeding team
  - Press 1 for Wheelchair Services
  - Press 2 for Feeding Team
- Press 0 to be connected to the next available operator or hold to repeat this message.

To request an appointment online, please visit www.childrens-specialized.org/request-an-appointment
Plan of Care Process:

Children’s Specialized Hospital cannot begin treatment until the child’s primary care physician has approved the Plan of Care document. The Plan of Care document is the list of required therapy services determined after a comprehensive evaluation of the child’s needs. The Plan of Care specifies the clinical diagnosis, outlines long term goals and determines timeframes for therapy. The Plan of Care must be signed by the child’s primary care physician indicating that the physician is in agreement with the plan. Should the episode of therapy last longer than a 90 day period of time, the plan must be updated and approved (as evidenced by the physician’s signature) by the primary care physician. As soon as you receive the Plan of Care from Children’s Specialized Hospital, please fax it back to us at the number indicated on the document.
Acute Inpatient Rehabilitation
PSE&G Children’s Specialized Hospital is a state-of-the-art facility centrally located in New Brunswick, New Jersey, on the state’s only pediatric academic healthcare campus. Comprehensive inpatient therapy is provided for children following a serious injury, illness, premature birth, major surgery, chronic illness or pain, or any other life-changing incident.

Our inpatient rehabilitation is specialized for infants through young adults, up to age 21. Each program provides 24-hour medical and nursing care, plus an intensive daily therapy program. The typical length of stay for an inpatient at Children’s Specialized Hospital is 30 days, but this can vary widely based on the diagnosis, child and family, and program.

Children’s Specialized Hospital partners with the local Ronald McDonald House and local hotels to provide inexpensive housing for patient families. We also provide car service for qualifying patient families, allowing them to actively participate in their child’s support, care, and rehabilitation.

At Children’s Specialized Hospital our comprehensive approach ensures each patient regardless of diagnosis, receives care that treats the entire child. As leaders in patient-and-family centered care, we employ parents of current or former patients. Our Family Faculty members understand that a partnership with our families is essential. As employees of the hospital, they are available to provide support and guidance during your stay.

**PSE&G Children’s Specialized Hospital address:**
200 Somerset Street
New Brunswick, NJ 08901
Phone: 732-258-7000

**Brain Injury Rehabilitation:**
The Brain Injury Program at Children’s Specialized Hospital provides young patients a broad range of complex medical care and rehabilitation therapy to recover from their injuries. Adolescents are treated who have acquired a brain injury through physical trauma (traumatic brain injury, concussion) or medical condition that affects brain function.

**Burn and Wound Care:**
The comprehensive Burn and Wound Care Rehabilitation Program at Children’s Specialized Hospital treats children and adolescents ages birth to 21, suffering from complex burns and wounds. Through the combination of holistic therapies and expert medical care, the Burn and Wound Care Rehabilitation Program ensures comprehensive rehabilitation and the best quality care. As part of the rehabilitation process, scar control remains a top priority while encouraging the most autonomy and functionality possible.

**Chronic Illness Management:**
The Chronic Illness Management Program at Children’s Specialized Hospital is a comprehensive inpatient program for adolescents ages 13-21, who struggle to manage their condition. It provides the teen and family with a structured, comprehensive treatment plan to address medical, nutritional, psychological, and family communication issues. We encourage parent/caregiver participation in medical education, nutritional and psychological counseling sessions to ensure the greatest success.
**Chronic Pain Management:**
The Chronic Pain Program at Children’s Specialized Hospital promotes the wellness of adolescents and young adults ages 11-21 years old, with chronic pain by teaching strategies to manage pain and encourage functional activity. The inpatient Chronic Pain Management Program at Children’s Specialized Hospital is typically for children and adolescents with chronic pain who continue to have significant pain and difficulties with daily function despite a period of consistent outpatient therapies.

**Infant and Toddler Rehabilitation:**
The Infant and Toddler Program at Children's Specialized Hospital provides intensive and comprehensive rehabilitation services for infants and young children ages birth to two years with complex medical needs. The program treats children who require all levels of pediatric care, including those who are medically fragile and technology dependent. When an infant or toddler is admitted, our team of specialists complete a full evaluation and together, with the family, develop a customized rehabilitation program and plan of care. Our multidisciplinary staff is highly trained in working with children who require special medical care. Children with ventilators, tracheotomies, special feeding needs, and intravenous/central lines, can be managed while receiving rehabilitation therapy. Diagnostics and special services available for patients are ventilator assistance and weaning program, rehabilitation technology, orthotics and prosthetics.

**Neonatal Abstinence Syndrome Program:**
The Neonatal Abstinence Syndrome Program at Children's Specialized Hospital is specially designed to help children overcome the serious health effects of infants who have been exposed prenatally to drugs in utero and go through a withdrawal process after they are born. Upon admission, infants at risk for Neonatal Abstinence Syndrome are carefully monitored by highly skilled clinicians for signs consistent with withdrawal and development. Based on the results of ongoing assessments, each young patient is cared for based on their individual needs.

**Neuromuscular and Genetic Disorders:**
The Neuromuscular and Genetic Disorders Program at Children’s Specialized Hospital is a multidisciplinary rehabilitation program designed to treat children ages birth to 21 years with complex needs and conditions. Our highly specialized program provides individualized care for children who are ventilator dependent or require assistive devices.

**Multi-Complicated Trauma:**
The Multi-Complicated Trauma Program at Children’s Specialized Hospital provides advanced critical rehabilitation care for children and adolescents from birth to 21, who have experienced major or multi-complicated trauma. The range of injuries sustained often include severe trauma to multiple organ systems, resulting in the need for comprehensive rehabilitation.

**Post-Surgical Orthopedics:**
The Post-Surgical Orthopedics Program at Children’s Specialized Hospital is designed to provide intensive coordinated care tailored to the needs of children from birth to 21 upon discharge from surgery. The program is designed to ensure children and adolescents can transition from operative care to intensive post-operative rehabilitation based on their individual needs.

**Spinal Cord Injury Rehabilitation:**
The Spinal Cord Rehabilitation Program at Children’s Specialized Hospital provides intensive and comprehensive rehabilitation services for infants, children, and adolescents with acquired, traumatic, and congenital spinal cord dysfunction. The program treats patients with all levels of pediatric spinal cord dysfunction, including patients who are ventilator dependent, those who need medical support, special equipment, and special feeding needs – like intravenous and central lines.
How to Refer:
Thank you for referring your patient to Children’s Specialized Hospital Inpatient services. Here are a few steps to follow to make a referral as easy as possible.

1. If you think you have a patient who would benefit from a program at Children’s Specialized Hospital, kindly contact a Children's Specialized Hospital Referral Liaison. Please fax the patient’s demographic sheet, insurance information, history, and physical or forward the information using your electronically generated referral system to a Referral Liaison.

2. A Referral Liaison will schedule an appointment to speak with you in person about the referral. The Referral Liaison will discuss Children’s Specialized Hospital’s programs, evaluate the patient and interview the patient’s family.

   For the Chronic Illness or Chronic Pain Programs, we ask that you please complete a Letter of Medical Necessity, send it to the insurance case manager and forward it to the Referral Liaison.

3. Please open up the case with the patient’s insurance company.

4. Please obtain authorization from the patient’s insurance company for acute rehabilitation level of care.

5. Please notify the Referral Liaison of approved authorization.

6. One day prior to the admission, please provide the transfer summary via fax to the Referral Liaison that visited with you:

7. Upon admission, please send the patient with the following items:

   - MRI and radiology disks
   - Operative notes
   - Immunization record
   - Latest listing of all medications, treatments
   - Lab reports and all special tests such as EEG, EKG, Genetics, Endocrine, etc.

* Please note that chart copies are not necessary
Summary of Care:

Children’s Specialized Hospital will provide a Summary of Care Report which will provide you with an update on your patient’s medical, therapy, and discharge status. This report will be sent to you on a bi-weekly basis and upon discharge.

Weekend Admissions:

Weekend admissions can be challenging for the inpatient service provider due to possible gaps in the ability to adequately assess and meet patient medical needs. These gaps, which are primarily due to variable staffing during these periods, create a need for increased scrutiny of admission diagnoses and care needs during the weekend time frame. While trying to optimize our ability to admit patients during these “off” hours and to further enhance our relationships with our referring institutions, we have identified the following criteria which may preclude the ability to safely transition care on a weekend date:

1) Patients with diagnosis of acute respiratory failure or acute on chronic respiratory failure with ongoing need for high flow nasal cannula, BiPAP, or ventilator dependence
2) Patients with thalamic/catecholamine storming episodes
3) Patients with pulmonary hypertension requiring ongoing continuous infusion of or inhalational vasodilators
4) Chronic Illness patients including diabetics and pain patients
5) NAS patients currently being maintained on two or more narcotics
6) Patients with severe behavioral or psychiatric disorders, including those with history of suicidal ideation or attempt
7) Patients with history of organ transplant
8) Patients requiring TPN, if prior arrangements have not been coordinated between referring and CSH pharmacy on the Friday preceding admission

If weekend admission is approved, all efforts will be made to transport patient to Children’s Specialized Hospital inpatient service by noon on the day of admission.
Long Term Care
Program Information:
The Pediatric Long Term Care Centers at Children’s Specialized Hospital provide exceptional care for children with complex medical conditions. The two Pediatric Long Term Care Centers in Northern and Central New Jersey are home to many medically fragile children whose families’ current circumstances do not allow them to be cared for in the home or other community setting.

Children’s Specialized Hospital’s commitment to Patient and Family Centered Care ensures that goals for children in Long Term Care are heard and incorporated into their medical and therapeutic care plan. The team of medical, respiratory, and therapeutic healthcare professionals develops each child’s unique care plan by partnering with their families to best meet the child’s medical and emotional needs. Highly experienced, trusted professionals focus on caring for every aspect of a child’s well-being:

- Board Certified Medical Services: Developmental-Behavioral Pediatrician & Medical Director, Nurse Practitioner, Pediatric Physiatrist, Outpatient and Inpatient Physicians, Pediatric Subspecialists
- Nursing Staff: (RN, LPN), Nurses Aides (CNA) and Therapeutic Staff- Respiratory, Physical Therapy, Speech Therapy, Occupational Therapy, Recreational Therapy, Child Life, Nutrition, and Rehabilitation Technology

The Pediatric Long Term Care Centers at Children’s Specialized Hospital provide dignified and tender loving care for children and adolescents with long-term medical needs. The warm and welcoming atmosphere combines specialized therapeutic medical and nursing care with a diverse array of activities designed to maintain each child’s abilities and encourage their maximum potential. Care is provided 24 hours a day, 365 days a year at both Pediatric Long Term Care Centers for children with:

- Critical airways (Tracheostomy)
- Mechanical ventilator dependency
- Complex seizure disorders
- Neuromuscular diseases
- Chromosomal disorders
- Complications of prematurity
- Neurological impairments
- Craniofacial anomalies
- Terminal illnesses
- Degenerative disease processes
- Traumatic brain injury
- Failure to thrive (Short Gut)
- Orthopedic anomalies and conditions
- Other long-term care needs
How to Refer:
Thank you for referring your patient to Children’s Specialized Hospital’s Long Term Care Centers. Here are a few steps to follow to make a referral as easy as possible:

If the child is coming from acute care or rehabilitation hospital:

1. Contact Admissions Director:
   Director of Referral Development and Admissions
   Children’s Specialized Hospital
   908-301-5461 (Phone)
   908-301-5509 (Fax)
   admissions@childrens-specialized.org

2. Admissions Director will meet with the family to discuss:
   • Child’s insurance information
   • Step-by-step admission process

3. Referring Physician provides the following:
   • Conduct Level 1 screening and send to NJ State Division of Developmental Disabilities (DDD)
   • Coordinate PASRR evaluation and approval
   • Provide child’s insurance information and medical records to Children’s Specialized Hospital Admissions Director

If the child is coming from home:

1. Family or Physician practice, contact Admissions Director:
   Director of Referral Development and Admissions
   Children’s Specialized Hospital
   908-301-5461 (Phone)
   908-301-5509 (Fax)
   admissions@childrens-specialized.org

2. Admissions director and family will meet to discuss:
   • Child’s insurance information
   • Step-by-step admission process

3. Physician practice conducts Level 1 screening and sends to NJ State Division of Developmental Disabilities (DDD)

4. Physician practice provides information to Children’s Specialized Hospital Admissions Director
   • Level 1 screening report from NJ State (DDD)
   • Child’s insurance information and medical records
Medical Day Care
**Program Information:**
The Medical Day Care Center provides pediatric day care services for children with special medical needs. Our highly trained staff includes a medical director, program manager, pediatric nurses, nursing assistants, physical therapy, occupational therapy, speech therapy, social workers, teachers, and a nutritionist and pharmacist for consultation with staff and parents.

Children ages 3 months through 5 years old are eligible for Medical Day Care if they require continuous nursing services in a pediatric medical day care which serves medically complex and/or technology dependent children. Examples include:

- Ventilator dependent
- Tracheostomy
- Pulmonary insufficiency requiring position, suctioning, and/or chest physical therapy
- Tube feedings (NG, GT, JT)
- Hyperalimentation
- Diabetes
- Seizure Disorder requiring emergency medication administration
- Moderate or severe persistent asthma requiring nebulizer treatments more than twice a day
- Intermittent bladder catheterization
- Ostomies

Medical Day Care is open 8am - 4pm Monday through Friday, except for holidays. We have limited transportation available.

**Children's Specialized Hospital Medical Day Care address:**
316 West Westfield Ave.
Roselle Park, NJ 07204
How To Refer:
Thank you for referring your patient to Children’s Specialized Medical Day Care. Please note, this program is only for children with Medicaid benefits – no other forms of health insurance are currently accepted. Here are a few steps to follow to make a referral as easy as possible:

1. Please call 1-908-259-3330 or fax 1-908-259-3383 to contact our admissions coordinator.

2. Send child’s contact information, diagnosis, and insurance information to Children’s Specialized Hospital admissions coordinator for review.

3. If the child meets the eligibility criteria for Medical Day Care, we will send an admission packet to the child’s primary care physician to be completed and returned to the admissions coordinator.

4. Once Children’s Specialized Hospital has received the completed admissions packet from the primary care physician, the application is submitted to the Managed Care Organization for approval.

5. Upon receiving approval from the Managed Care Organization, the family will be contacted to schedule a visit to the facility to complete the intake process and sign admission documents. At this time, an appointment will be made for the Medical Day Care social worker to visit the child’s home for a social assessment.

6. When the completed admissions packet, Managed Care Organization approval, and home visit/social assessment are completed or received, a start date is scheduled for the child.
Insurance Information
List of In-Network Insurance Companies & Plans Accepted by Children’s Specialized Hospital:

Aetna Healthcare
Aetna Signature Administrators
Amerigroup NJ
Amerihealth & Amerihealth Administrators
Cigna Healthcare
Cigna Behavioral Health
Consumer Health Network (CHN)
CT Medicaid
Devon Healthcare
Great West (now under Cigna Healthcare)
Empire BCBS
Horizon BCBS HMO/PPO
Horizon Behavioral Health (managed by Value Options)
Horizon NJ Health
Intergroup
Magellan Behavioral Health
Magnacare
MHN
Multiplan/ PHCS
NJ Manufacturers
NJ Medicaid
NY Medicaid (inpatient services)
Oxford Freedom/Liberty
Qualicare
United Healthcare
UnitedHealth Community Care NJ (formerly Americhoice NJ)
Value Options
Wellcare NJ (all affiliates nationally)
My Children’s Specialized Patient & Family Portal


My Children’s Specialized Patient & Family Portal:

The My Children’s Specialized Patient & Family Portal is an online tool that is a simple, secure, convenient way to take control of a patient’s health and access crucial patient information at any time, including:

- Physician and therapy reports
- Patient medications, vitals, allergies, and history
- Monitor upcoming appointments
- Pay bills online
- Access patient records from other providers in Jersey Health Connect
- Schedule appointments online
- Request prescription refills online

A video overview of Patient & Family Portal can be found at https://my.childrens-specialized.org/PtAccess/sitecustom/intro/index.html. Registration Representatives provide a patient code for logging into the portal. Questions regarding the portal can be directed Monday - Friday 8am – 5pm to:

Patient & Family Portal Help Desk  
(732) 258-7280  
PortalHelpDesk@childrens-specialized.org
## Children’s Specialized Hospital

**Services Offered at Each Outpatient Location**

### Bayonne, NJ
815 Broadway
Bayonne, NJ 07002
Phone: 201-823-6010 Fax: 201-823-6022

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<tr>
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### Clifton, NJ
1135 Broad Street, Suite 215
Clifton, NJ 07013
Phone: 973-365-3071 Fax: 973-365-3089

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### Egg Harbor Township, NJ
6106 Black Horse Pike
Egg Harbor Township, NJ 08234
Phone: 609-645-7779 Fax: 609-645-7785

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### Fanwood, NJ
330 South Avenue
Fanwood, NJ 07023
Phone: 908-301-2500 Fax: 908-252-2534

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### Hamilton, NJ
3575 Quakerbridge Road
Hamilton, NJ 08619
Phone: 609-631-2800 Fax: 609-631-2897

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### Mountainside, NJ
150 New Providence Road
Mountainside, NJ 07092
Phone: 908-233-3720 Fax: 908-301-5546

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</tr>
</tbody>
</table>