Welcome to
Children’s Specialized Hospital!
Virtual Walk n’ Roll!

TUNE IN ON SEPTEMBER 13TH AT 11AM FOR A LIVESTREAM EVENT
FEATURING
- STORY TIME WITH FRAN BOCCELLA
- MUSICAL PERFORMANCE FROM JIMI MITCHELL
- MIKE MARINO COMEDY SHOW
- DANCE & SING ALONG WITH JAM WITH JAMIE
- PERFORMANCE BY NJ BALLET COMPANY
- AND MORE!

REGISTER | RAISE FUNDS | TAKE THE CHALLENGE | TUNE IN!
Virtual Walk n’ Roll!

JOIN THE BETTER TOGETHER SUMMER CHALLENGE

★ REGISTER FOR WALK N’ ROLL
★ WALK, RUN, RIDE OR ROLL A NEW MILEAGE GOAL EACH WEEK
★ RAISE FUNDS TO SUPPORT THE KIDS AT CSH!
★ TUNE IN TO THE VIRTUAL CELEBRATION ON 9.13.20

childrens-specialized.org/walk

REGISTER  RAISE FUNDS  TAKE THE CHALLENGE  TUNE IN!
Schedule a Virtual Telehealth Visit

What can I use for my child’s virtual visit?

- Computer or Laptop
- Web Cam
- Tablet
- Smart Phone

What are benefits of receiving services through this platform?

- Quick access to your child’s initial evaluations
- Eliminates any delay in beginning a beneficial treatment plan
- Provides an opportunity to meet and begin to develop a relationship with your provider allowing them to get to know you and your child
- Your child will be seen in the comfort of their natural home environment
- Doxy.me link allows for easy access using your smartphone, computer, or tablet

To schedule a medical or therapy telehealth appointment, call 888-244-5373 and follow the prompts to schedule an appointment.

Developed by Family Faculty in collaboration with staff.
Programar su cita de Telesalud visitas

Que puedo usar para la visita virtual de mi hijo/a?

- Computadora
- Camara Web
- Tableta
- Telefono Inteligente

Cuáles son los beneficios de recibir servicios a través de esta plataforma?

- Acceso rápido a las evaluaciones iniciales de su hijo/a
- Elimina cualquier retraso y comienza un plan de tratamiento beneficioso
- Brinda la oportunidad de conocer y comenzar a desarrollar una relación con su proveedor que le permita conocerse a usted y a su hijo/a
- Su hijo/a será visto en la comodidad de su entorno natural
- El enlace Doxy.me permite un fácil acceso usando teléfono inteligente, computadora, o tableta

Para programar una cita médica o terapéutica de telesalud llame a 888-244-537 y siga las indicaciones para programar una cita.

Desarrollado por la Facultad Familiar en colaboración con el Personal.
Getting Ready For Your Virtual Telehealth Visit

- Try the Virtual Visit Application
  Download the demo link and test it on your desktop or mobile device before your visit.

- Be On Time
  Log in early for your virtual visit.

- Adjust Your Lighting
  Close blinds and fix any natural light coming through.

- Speak Clearly
  Speak slowly and clearly into the microphone.

- Set Up Your Camera
  Place your camera at eye level for a full view of your face.

- Find a Quiet Space
  The area should be quiet and free from distractions. Please find an indoor space where you can be seated rather than in a car or walking.

Developed by Family Faculty in collaboration with staff.
Preparandos para su visita virtual de Telesalud

Prueba la aplicación de visita virtual
Descarga el enlace de Dosh y prueba en su computadora o dispositivo móvil antes de su cita.

Ajusta su iluminación
Cierre las cortinas/pensilinas y limitar la entrada de luz natural

Este a tiempo
Inicie sesión temprano para su visita virtual.

Hable Claro
Hable despacio y claramente al micrófono

Configure su cámara
Coloque su cámara a la altura de los ojos para una vista completa de su cara.

Encuentra un lugar tranquilo
El área debe ser privada y sin distracciones, encuentre un espacio interior donde pueda sentarse en lugar de ir en automóvil o caminando.

Desarrollado por Facultad Familiar en colaboración de el Personal.
Telehealth Offering: Rehab Technology Clinic

Telehealth Evaluations Now Available for:
- Special Needs Beds
- Supportive Strollers
- Activity Chairs
- Bath Equipment
- Special Needs Car Seats
- Simple Walkers

At this time, we can begin the process to assess for custom and power wheelchairs, but final recommendations will need to be completed in the clinic when we re-open.

For questions about our Rehabilitation Technology Clinic or to make an appointment, please have families contact us at (908) 389-5620.

For questions about therapies or any other services, contact a Referral Development Representative at 732-258-7248 or acavallo@childrens-specialized.org.

For referrals to therapies and all things Children's Specialized Hospital, call 1-888-CHILDREN (244-5373) to schedule an appointment!
Music Group – Tuesdays August 4th to August 25th, 9:30am-10:00am

Weekly Music Theme Schedule (this schedule is subject to change):

- Week 1 - Nursery Rhymes
- Week 2 - Animal Fun
- Week 3 - Body Awareness Songs
- Week 4 - Disney Music

Fees: $20 for 4 weeks

www.childrens-specialized.org/recreation
Teen Night-Guided Imagery

+ Ages 13-21 Years Old

+ Learn a new way to channel your energy through guided imagery. Teens will participate in guided instruction that focuses and channels their imagination while relaxing at the same time.

+ **Friday, August 7th** 6:30pm-7:15pm

+ **Fee**: $7

+ [www.childrens-specialized.org/recreation](http://www.childrens-specialized.org/recreation)
Managing Your Child’s Behavior Virtual Workshop

**Sign Up for our Fall Session - Offered Virtually!**

This seven-week parent workshop was developed by the pediatric psychotherapists at Children’s Specialized Hospital to help parents of children ages 2-10 years learn how to manage their behavior.

The course will cover:

- Causes of misbehavior
- Setting limits and dealing with tantrums
- Managing sibling conflicts
- Developing and implementing behavioral systems
- Parent stress management, self-care, and support system

**Schedules:**

- **August 26 - September 30**
  - Wednesdays, 7:00-8:30 p.m.
  - Mondays, 6:30-8:00 p.m.

- **September 7 - October 19**
  - Wednesdays, 7:00-8:30 p.m.
  - Mondays, 6:30-8:00 p.m.

- **October 21 - December 2**
  - Wednesdays, 7:00-8:30 p.m.
  - Mondays, 6:30-8:00 p.m.

- **November 2 - December 14**

Cost is $99. This fee may be covered by the CSH Benefit Fund.

Please visit our website for details. Registration and prepayment are required at least 24 hours prior to first session.
Wearing a Face Mask: A COVID-19 Social Story for Adults with Intellectual and Developmental Disabilities

Wearing a Face Mask: A COVID-19 Social Story for Adults with Intellectual and Developmental Disabilities can help readers understand why face masks are important for themselves and others to wear. Supporters of people with I/DD can also use this resource to discuss the importance of face masks by printing or sharing with the person on a computer screen, tablet, or smartphone.

Full PDF
Transition Planning for a Meaningful Life

Free webinar series

Session One: 8/14/2020
Time: 10am to 11:30am

Session Two: 10/23/2020
Time: 10am to 11:30am

Register for each session at www.childrens-specialized.org/webinars
What is a Facebook Live?
Facebook Live is a feature of Facebook that uses the camera on a computer or mobile device to broadcast real-time video to Facebook. Live broadcasters and viewers can interact in real time! If someone with whom you have a connection with on Facebook (such as a friend, page, group, or celebrity you’re following) decides to broadcast live on Facebook, their video will appear in your news feed.

To learn more about Facebook live events presented by the ARC of NJ go to https://www.thearcfamilyinstitute.org/what_we_do/facebook-live-events.html
Welcome to NJCTS Wednesday Webinars

Assistive Technology to Help with Anxiety
August 12, 2020
Presented by Matt Dennion

This presentation will focus on apps that can assist students from kindergarten to 12th grade in dealing with anxiety in school and in functional settings. The presentation will highlight mobile technology that can help create schedules with detailed directions, support reading and writing for students with dyslexia and dysgraphia, assist with writing research papers, and programs that can support independent functioning in a community setting. Examples of what the apps can do and detailed directions in the form of task analysis for the more involved apps will be provided as part of the presentation.

To register go to: https://register.gotowebinar.com/register/5121034088338649099

All webinars air 7:30pm to 8:30pm Eastern Time
Welcome to NJCTS Wednesday Webinars

All webinars air 7:30pm to 8:30pm Eastern Time

Suicide Prevention
September 30, 2020
Presented by Wendy Sefcik and Maureen Brogan

Suicide amongst teens has risen dramatically. Learn ways to identify depression and what you can do to help

All webinars air 7:30pm to 8:30pm Eastern Time

https://register.gotowebinar.com/register/9051782659748041488
The National Caregivers Conference is renowned for its national level speakers, workshops and exhibitors who address both individual and national issues facing the caregiving community. The impact of caregiving on mental health and emotional well-being across the lifespan has sparked discussions around trauma informed care, stressful life events, adverse childhood experiences and cultural differences to approaching adversity. The Spirit of Resilience is relevant to the 43.5 million caregivers nationwide who are dedicated to providing 24/7 direct care and support for a love one who has a chronic condition, mental health challenges, disability and/or is a veteran or aging.  
Stay tuned for Conference updates!
This Virtual package will include some of your favorite FRN Connect Services - Get FIT, Zumba, and Yoga - all modified to meet the needs of children and adults with varying abilities. On the first of each month, subscribers will receive 6 video sessions and a live Q&A every week. You can watch the videos an unlimited number of times and foster a healthy lifestyle for the entire family, right from your home!

https://www.familyresourcenetwork.org/familyfitness/
Did you lose your job and health insurance due to Covid-19?

Job or income loss due to COVID-19? Our Navigator’s will help you stay covered!
Call now to explore the health insurance options available for you 1-800-355-0271
Our enrollment assistance services are provided FREE of charge and are available in English, Spanish and Russian.

https://frnnavigator.org/
Our goal at ESNJ is to support you on your epilepsy journey by ensuring that you have continued access to treatment and care. Through our Medication Assistance Program we has funds available for people with epilepsy who are temporarily unable to afford the purchase of their anti epileptic medication. This fund is available one time, once a year. The is a limit to the amount allowed.

For more information, info@epilepsynj.org.
If you are impacted by the pandemic and are in need of food, we are here to assist with connecting you to your local food resources.

Please email Greta Latvyte, or call 609-802-6605 to learn about curbside pick-up and delivery options in your county.

If you have kids in need of meals this summer, text "FOOD" to 877877 and you'll receive a message with local sites where they can receive free summer meals.

No paperwork to fill out!

No income requirements!
Join us the last Wednesday of every month at 12PM ET to participate in a live webinar on seizure recognition and first aid. ESNJ is a state approved provider of this training.

Andrea Racioppi, Vice President, Epilepsy Services, will be presenting on: Seizure Recognition and First Aid; How to recognize a seizure; and Epilepsy treatment. Recognizing that 1 in 26 individuals will develop epilepsy in their lifetime and that 1 in 10 individuals will have one seizure and never have another one, it is crucial that members of the community know what to do in case someone has a seizure.

Visit our website
Stay Informed at DRNJ-COVID.org

Dedicated to providing resources during the coronavirus pandemic, this new site shares valuable information and the actions we’ve taken to protect and advocate for people with disabilities, along with important resources from our partners to help you navigate this crisis.

About Disability Rights New Jersey
Learn More About DRNJ

DRNJ is supported by the U.S. Department of Health & Human Services, Administration on Intellectual and Developmental Disabilities; Center for Mental Health Services, Substance Abuse & Mental Health Services Administration; U.S. Department of Education, Rehabilitation Services Administration; and the Social Security Administration.

DRNJ is a private, non-profit, consumer-directed organization established to:

- Advocate for and advance the human, civil and legal rights of citizens of New Jersey with disabilities;
- Promote public awareness and recognition of individuals with disabilities as equally entitled members of society;
- Advise and assist persons with disabilities, family members, attorneys and guardians in obtaining and protecting the rights of individuals with disabilities; and
- Provide education, training and technical assistance to individuals with disabilities, the agencies that serve them, advocates, attorneys, professionals, courts and others regarding the rights of individuals with disabilities.
On June 30, 2020, the U.S. Department of Education (ED) published two new guidance documents to answer questions about how to implement IDEA procedural safeguards during the COVID-19 school closures.

Issues in the guidance for Part B of the IDEA include:
- Parental Consent (acceptance of electronic or digital signatures)
- Prior Written Notice
- Procedural Safeguards Notice
- Access to Education Records

Download Guidance about IDEA Procedural Safeguards for Part B.

Issues in the guidance for Part C (Early Intervention) of the IDEA include:
- Parental Consent (acceptance of electronic or digital signatures)
- Prior Written Notice and Procedural Safeguards Notice
- Access to Early Intervention Records

Download Guidance about Procedural Safeguards for Part C (Early Intervention).
Do you need Personal Protection Equipment?

*Tip from Values Into Action NJ's Family Mentor, Zinke McGeady*

Do you need Personal Protection Equipment?

Individuals/family members can receive gloves for the individual through Medicaid!

This a health benefit through the person’s State Plan A Medicaid package. They will need an prescription.

*If you receive supports from Values Into Action and have questions about this tip as it pertains to PPE, call 856-985-6801*
Fun Activities to Do with Your Child at Home

**Fun Activities**

- Play cards, go fish, war, solitaire, memory.
- Take turns reading to each other.
- Have a spa night.
- Look through old photo albums together.
- Watch your child’s favorite television show or movie together.
- Do a puzzle.
- Play a board game.
- Sit outside and look at the stars or clouds.
- Eat meals together.
- Help your child send an email to a grandparent, aunt, or uncle.
- Help your child write a letter to a friend or relative.
- Go bird watching. Try to identify the birds you find.
- Play a video game together.
- Pull out a box of toys they haven't played with for a while.
- Plant seeds from something you've eaten, such as an apple or watermelon.
- Play I-Spy, hot or cold, mother may I, red light/green light.
- Sing Karaoke.
- Teach your dog tricks.
- Let your child teach you about something they know or do well.

**Movement, Exercise & Outdoor Play**

- Play hide and go seek.
- Workout together.
- Write down exercises on separate pieces of paper and put them in a box, shake it and pull one out at a time. Do what it says! 10 jumping jacks, jog in place, do a somersault, 10 sit ups, 10 touch your toes, 10 arm circles, 10 lunges, walk sideways, make up your own!
- Play hop-scotch.
- Ride bikes.
- Play Simon-says
- Take a walk in the woods collect acorns, pretty rocks, & leaves.
- Rake leaves together.
- Play tag.
- Wash your car together.
- Teach your child how to ride a bike.
- Learn a new dance, Chicken Dance, Electric Slide, The Hustle, The Macarena dance
- Help your child practice a sport they enjoy. Have a catch.
- Draw on the sidewalk with sidewalk chalk.
- Have a picnic outside.
- Have a dance party.
My Children’s Specialized Hospital Patient & Family Portal

Do you know about the My Children’s Specialized Patient & Family Portal?

The Portal provides:
- Secure access to refill prescriptions and review medications any time of day
- Ability to view upcoming appointment schedules and review past medical and therapy needs
- Capability to view, print, and share patient records at a moment’s notice
- 24/7 access so you can pay bills when it’s convenient for you

Not signed up? Get started today! Stop by a registration or scheduling representative or email us at PortalHelpDesk@childrens-specialized.org to receive your access code.

Want more information? Visit our website using this convenient QR Code:

Already signed up? Access our portal at my.childrens-specialized.org
Refill Your Child’s Prescription Online!

Fill your child’s prescriptions virtually by using the Patient and Family Portal anytime – from anywhere – on your computer or mobile device.

The Portal allows you to:

- Securely refill prescriptions and review medications any time of day
- Obtain upcoming appointment schedules and review past medical and therapy documentation
- View, print, and share patient records at a moment’s notice
- Gain 24/7 accessibility so you can pay bills when it’s convenient for you

PortalHelpDesk@childrens-specialized.org
Use the Patient Portal to Refill Your Prescription and be Entered to Win!

THE PORTAL PROVIDES:
- Secure access to refill prescriptions and review medications any time of day
- Ability to view appointment schedules and review past medical and therapy needs
- Capability to view, print, and share patient records at a moment’s notice
  - 24/7 access so you can pay bills when it’s convenient for you

BE ENTERED TO WIN:
Now through the end of the year, we will be holding a monthly drawing for families who use the Patient and Family Portal to refill their prescriptions.
All you need to do is use the patient portal to refill your prescriptions and you will be entered to win a $25 gift card.

Not signed up? Get started today! Stop by a registration or scheduling representative or email us at PortalHelpDesk@childrens-specialized.org to receive your access code.
Want more information? Visit our website using this convenient QR Code:

Already signed up? Access our portal at my.childrens-specialized.org
Support For Parents of Children with Special Health Needs in NJ

- During this time, there may be situations which seem out of your control (e.g., child care, financial challenges, need for food, etc.). The New Jersey Department of Human Services has a list of contacts, programs, and resources that may be able to help you. You will also find a Disaster Preparedness Checklist for People with Disabilities. The New Jersey Resources list is available at:
  If you do not have access to a computer or if you need to reach a person directly, you can reach a certified information and referral specialist at New Jersey Division of Disability Services by calling toll free: 1-888-285-3036.

- Families with children who have disabilities and special health needs may have additional unique challenges. If you are experiencing stress, anxiety or other emotional concerns due to your role as a caregiver for a child with special health needs, or need assistance with resources, the New Jersey Mom2Mom helpline is available 24 hours a day at 1-877-914-6662. For additional information, visit: https://www.nj.gov/hum/services/cis/Mom2MomBrochure.pdf

- An emergency is any serious and sudden medical, emotional, or behavioral health situation that, if not given immediate professional attention, could lead to your child being severely harmed or possibly harming someone else. If you have an emergency situation involving your child that is life-threatening, seek help immediately by dialing 911. If you have an emergent situation that is not immediately life-threatening, call PerformCare at 1-877-652-7624.
Helpful Tips for Parents and Caregivers of Children with Disabilities and Special Health Needs

**COVID-19**

Changes in routine may be confusing for your child and lead to feelings they can't describe or understand such as fear and frustration. Behavior changes sometimes may occur. Providing a comfortable and predictable environment may help your child feel safe and in control. Spend time together doing things your child enjoys.

Your child may have difficulty with the change in schedule and/or the environment. Help your child to keep busy throughout the day. Try to keep a structure in your child’s day:
- Establish consistent schedules for waking up, meals, play, school work, chores, physical activity, bedtime, and other routines
- Arrange designated time for those using computers and other electronic devices
- Find books, games, and projects your child enjoys
- Take some time to get fresh air and connect with nature

Your child may not understand why schools are closed. Explain that in order to help keep everyone healthy, sometimes students have to stay home instead of going to their school. Let them know it is still important to do their homework and that the school staff will let everyone know when they can come back to school. In the meantime, reassure your child that he or she is safe at home.

There is so much information that is being shared about COVID-19. It might be helpful to limit your child’s exposure to news and social media to filter what they are hearing. Help put things into your child’s perspective using simple facts they can understand. Managing your own reactions may help reduce any anxiety that your child may be feeling.

Your child may miss friends and family. Stay connected with family and friends by phone or through other electronic devices.

It is alright to reach out to others to get the support you need.

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I can help myself to stay healthy

- I cover my sneezes and coughs into my arm to help stop germs from spreading to other people.
- When I wipe my nose, I use a tissue. When finished with the tissue, I throw it into a trash can and wash my hands.
- It is important to avoid touching my face as much as possible.
- To prevent germs from spreading, I try to stand at least an arm’s distance from other people.
- Instead of shaking hands with another person, I can wave to them.
- I can clean an area before I touch it using a disinfecting wipe.
- I should try to avoid being near people who are sick.
This webinar is offered several times. Select the date and time that works best for you.

**When:** Aug. 26\(^{\text{th}}\), Sept. 30\(^{\text{th}}\), Oct. 28\(^{\text{th}}\), Nov. 25\(^{\text{th}}\) & Dec. 30\(^{\text{th}}\)

**Time:** 12:00pm – 1:00pm

**What:** One in every 26 individuals has Epilepsy. Would you know what to do if a student in your school had a seizure? Epilepsy Services of New Jersey offers Seizure Recognition and First Aid training for school personnel and school nurses.

**To Register:** [https://register.gotowebinar.com/rt/1106967820219707651](https://register.gotowebinar.com/rt/1106967820219707651)
Camp TREK Update

Camp TREK will be held virtually this August. The final decision came after examining every alternate possibility. Ultimately, the factors that made it necessary to shift to a virtual platform came down to camper and staff safety. Camp is everyone’s favorite week of the year, but the good news is that the virtual TREK will be provided for free and can accommodate more people.

We have confidence that we can remain connected in a virtual way. More details about these activities will be revealed over the next few weeks. We will also be creating a live Q & A zoom meeting for campers and their families to ask questions. We have so many awesome things planned, and hope that you are as excited to attend Virtual TREK as we are. For questions and more information, contact ljacobs@bianj.org.
Autism Beach Bash Returns This Summer!

16th Annual Autism Beach BASH 2020
SUNDAY, SEP. 13TH  9:00AM-4:00PM  7TH AVENUE BEACH, BELMAR, NJ
Arts & Crafts • DJ & Dancing • Exhibitor Tent • Food Vendors
Interactive Games & Activities • Surf Camp • Yoga

To Register:
https://familyresourcenetwork.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=586
Fall 2020 Virtual Parent Empowerment Conference

To learn more go to: http://hinkle1.com/virtual-parent-empowerment-conference-presented-by-hinkle-prior-fischer/
2020 9th Annual Paint The Pony Purple

Save the Date - Sunday, November 1st, 2020 12:30 pm - 5:00 pm
ESNJ’s Paint the Pony Purple is held every year at The Stone Pony in Asbury Park, New Jersey to raise awareness for Epilepsy and provide a safe and fun concert for individuals with Epilepsy and their families.

To Register:
https://familyresourcenetwork.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=585
What Is Register Ready?

Help emergency responders plan for and support your family members who have disabilities or access and functional needs in the event of a disaster.

Register today—be ready for tomorrow!

If you or a family member has a physical, developmental, cognitive or behavioral impairment, language barrier, or transportation challenge that may make it difficult to safely shelter in place or evacuate in a disaster, please register.

Register at:

www.registerready.nj.gov
or call 211 within NJ or 877-652-1148 toll free

- Free
- Voluntary
- Secure and confidential
- Protective of your privacy

Update your information at least annually. In a life threatening situation, don’t wait for help — call 911
BIANJ Helpline 732-783-6172  
info@bianj.org  
BIANJ’s Helpline Specialists are available via phone, email or online chat to provide information, resources and support. BIANJ’s Helpline is open Monday-Friday, 9:00am-5:00pm.

NJ Traumatic Brain Injury Fund 1-888-285-3036  
The NJ TBI Fund is continuing operations. Case managers are supporting clients remotely. The TBI Fund application is available online, and can be printed and submitted by mail.

NJ Mental Health CARES 866-202-4357  
help@njmentalhealthcares.org  
If you’re concerned about your mental health or the well being of a loved one, NJ Mental Health CARES can help. Their free hotline is open 7 days a week, from 8:00am-8:00pm. Staff offer counseling via telephone, as well as information and referral assistance to obtain behavioral health services.

NJHelps.org  
This one-stop website will help you determine if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health insurance (NJ FamilyCare/Medicaid). You can apply for services or learn about additional resources.

Register Ready NJ  
registerready.nj.gov  
Register Ready allows New Jersey residents with disabilities or access and functional needs and their families, friends, caregivers and associates an opportunity to provide information to emergency response agencies so that emergency responders can better plan to serve them in the event of a disaster or other emergency. To register, click here.

New Jersey Council on Developmental Disabilities (NJCDD)/ARC of New Jersey  
njcd.org  
The NJCDD has partnered with the ARC of New Jersey to process requests for emergency funding from any individual with intellectual/developmental disabilities, their families, and any qualified community-based organizations that provide supports to people who are affected by the statewide COVID-19 response.
NJ Mental Health Cares

If you’re concerned about your mental health or the mental health of someone you love, NJMentalHealthCares can help. The free helpline offers telephone counseling, emotional support, information and assistance.

866-202-HELP (4357)
7 days per week, 8am - 8pm
Activity Connection

Fall Registration Opens August 15!

The Activity Connection programs at Children’s Specialized Hospital include therapeutic recreation, sports, and social activities for children and young adults with special health care needs. The programs provide opportunities to make new friends, develop new skills, participate in physical activities, and enjoy new experiences.

All programs are led by Children’s Specialized Hospital’s therapists, certified program instructors, coaches, and trained volunteers who provide age-appropriate and safe activities in an inclusive and fun environment.

www.childrens-specialized.org/recreation  (908) 301-5548
The Autism EXPECT Study is an online survey coordinated by the Autism Science Foundation in partnership with the University of Pennsylvania. We want to hear from adults and families with autism about what influences them to participate in clinical research.

You will be asked questions about why you have or haven’t participated in research and about what might make your next research experience better. This survey takes **30 minutes** to complete. Participation is completely voluntary. ✅ All participants will be entered for the chance to WIN an iPad!

We will use our findings to inform scientists about steps they can take to improve the research experience for members of the autism community. Please take the survey at: [bit.ly/EXPECTsurvey](bit.ly/EXPECTsurvey)

Questions? Contact [AutismExpectStudy@gmail.com](mailto:AutismExpectStudy@gmail.com)
Thanks for choosing Children’s Specialized Hospital!