

## Tips for a Successful Physician Visit

*We understand that a partnership with our families is essential in providing high quality care. Together, we can best plan your child's care.*

- Arrive at the requested time. This helps all of us to stay on schedule.
- If your personal information changes (address, home/cell phone number, insurance, etc.), please notify the scheduling department by calling **1-888-CHILDREN (244-5373), Option #2**. We want to make sure we have all the correct information in case we need to reach you.
- Carry a copy of your child's medications (including strength and dose) and the names of all doctors your child sees. This is important information for the doctor to use in evaluating and treating your child.
- Bring a written list of questions for the doctor. This will ensure you get all the information you need.
- If you don't understand any information, ask for it to be explained in another way that might be helpful to you. Take notes if you need to ask for written information.
- Encourage your child to ask the doctor any questions he or she may have. Even though your child is a patient, he or she is part of the team!
- Please share any concerns about your child's care with your health care provider.

## Tips for a Successful Therapy Session

*We understand that a partnership with our families is essential in providing high quality care. Together, we can best plan your child's care.*

- If your personal information changes (address, home/cell phone, insurance, etc.) please notify the scheduling department at **1-888-children (244-5373) option 2**— we want to make sure we have all the correct information in case we need to reach you.
- Plan with your therapist how you will participate in your child's treatment sessions— this will help your child benefit the most from the therapy sessions.
- Discuss with your therapist your child's goals for the sessions and for home—he or she will help you learn how to best practice at home the things your child does in therapy.
- Determine with your therapist how you can communicate with each other should questions arise regarding treatment.
- If you know about a future scheduling conflict, give the therapist as much notice as possible.
- Find out the best number to call to notify the therapist if you have to cancel.
- Please share any concerns about your child's care with your health care provider.